



## The April Diary

2<sup>nd</sup> Dementia Friend Training

3<sup>rd</sup> C & V meeting

Classification &

Membership Committee

5<sup>th</sup> Rotary Lunch

10<sup>th</sup> Foundation Committee

12<sup>th</sup> Rotary Lunch

16<sup>th</sup> Sports & Entertainment  
Committee

17<sup>th</sup> International Committee

Youth Services Committee

19<sup>th</sup> Rotary Lunch

20<sup>th</sup> Theatre trip

24<sup>th</sup> Council Meeting

26<sup>th</sup> Rotary Lunch

For the full year's diary visit

[www.banburyrotaryclub.org.uk](http://www.banburyrotaryclub.org.uk)



## President's Pen for March

On Friday 1st March we had two Speakers from Katharine House Hospice, Nina Baker and Mary Walding, who gave the Club an update on the hospice's plans for the future. It was very informative with a major aim being to replace all their beds with new equipment of a high technical standard - they are running a new bed appeal. At the end of their talk the Club presented them with a cheque for £3981.86p - the money was collected at the local Supermarket collections made by Club members just before Christmas. Later that day I attended a lecture followed by a practical session arranged by Inner Wheel about the artist Matisse which was very enjoyable.

Saturday was Young Musician finals day. Beginning at 4.00pm for the Juniors and 6.45pm for the Intermediate, Seniors and Ensemble Competitors, we greatly enjoyed listening to around a total of 90 very talented young people. It was an excellent event with Alex Mitori winning the Junior competition and Sam Hallett winning the title of Young Musician of the Year 2019. Many thanks to my Rotary colleagues for organising the event.

On Tuesday 5th Inner Wheel organised a very pleasant three mile walk around the village of Swerford in good weather and in aid of the Alzheimer's Society. We ended up at Hook Norton Brewery for an excellent lunch. The walk was also enjoyed by Toby and Bertie our canine friends. Thanks to Carole Humphris who organised the event.

On Friday 18 of us went to Portsmouth for the 1090 District Conference - many thanks to Keith Manning for taking the Chair at the Club Lunch. Surinder has written a report about the Conference which is in the Bulletin. Everyone has their own favourites but, from my point of view, the most interesting

sessions were about the Mary Rose (Christopher Dobbs), "OK" Our Kids and a session by Andy Lewis a Paralympian triathlete gold medallist. On the Saturday evening we had a very enjoyable Club meal at Monty's restaurant.

On Monday 11th Ashley Bedding and I had our final meeting about the President's Lunch to be held this Sunday and final numbers have been given to Tudor Hall School. Many thanks to Ashley and Ian Calderbank for their work in arranging the event for me. Later that day we had another Contact meeting which was held at Wykham Park Farm which is to be the venue for the Saturday morning of the event.

Tuesday was this year's first Crocus Concert at St Mary's Church which involved Bloxham, Sibford and Tudor Hall Schools - it was an excellent Concert and many thanks to those involved in arranging it including Maurice Humphris, Fred Riches, Charles Hughes, Ian Anthistle and our MC Jonathan Meredith.

I need to thank Nigel Randall who stood in for me at another excellent Crocus Concert on Thursday while Jen and I went on the club theatre trip to Aylesbury to see The Bank Robber performed by The Mischief theatre company - many thanks to Bob Thompson who organised the trip.

Friday Lunch was very busy in that our District Governor paid us a visit and also Jill Edge from the Sunshine Centre came for lunch and was presented with a cheque for £4,445-92p. Our Speaker was Helen Morris who spoke interestingly about Inner Wheel events in Abu Dhabi.

On Sunday 17th The Presidents Lunch was held at Tudor Hall School attended by around 60 people. We had a splendid lunch courtesy of Linda and Darren and their team followed by Adderbury Ukes who entertained us - song books were handed round by the band and were well used. Many thanks to them all for a very enjoyable event.

Monday was AGM day - Rotarians Gareth Jeremy, Nigel Deakin, Mark Recchia, Ian Anthistle and Ashley Bedding were elected to Council as Ordinary Members and an increase to subscriptions to £120 per annum was agreed as was the removal of our joining fee.

Friday Lunch had Lesley Mann as our Speaker - she talked about her Grandfather cricketer Eddie

Paynter and the Bodyline Series against the Australians. It was a very interesting talk not only including the cricket theory of Bodyline but also the personal life of her Grandfather and her family.

On Friday evening Cherwell Rotary Club held a Spanish themed fiesta at Norbar Torque Tools. Our members filled two tables and it was a very enjoyable evening with a Spanish feast and live music from guitarist Matthew Sullivan. Many thanks to Cherwell Rotary and Phillip Brodey, who invited us to the event.

We held another Contact Meeting on Monday mainly concerning the budget and planning the final details of the event and District Council was held on Tuesday evening in Henley where the District Budget and Committee reports were considered.

Council on Wednesday included discussions on Contact, the Lend with Care charity and new members - a summary is published in the Bulletin.

On Friday Lunch our Speaker was Clare Jakeman and her subject was "Moving House". Clare and Stephen recently moved to Oxford from Marston St Lawrence and Clare's description of their decision to move, the subsequent move and how they have settled down to their new lives was very amusing and enjoyable.

President Paul Gardiner

## *Speaker Reports*

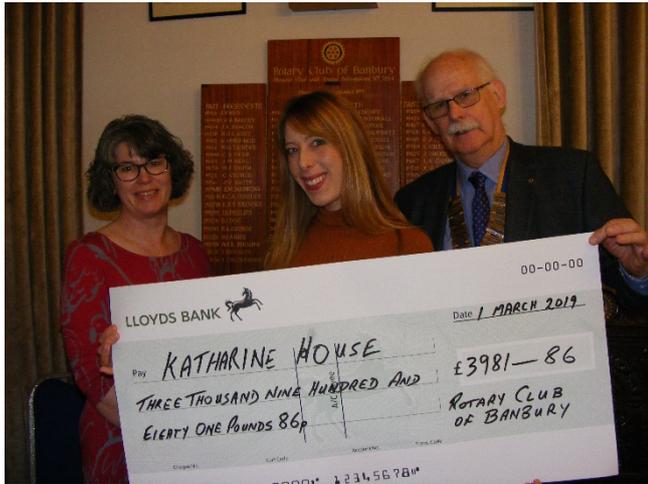
### *Nina Baker and Mary Walding- Katharine House Hospice*

On Friday 1<sup>st</sup> March we welcomed two ladies from Katharine House Hospice (KHH), Nina Baker (Community & Events Fundraising) and Mary Walding (Head of Community & Hospital Services).

Mary mentioned that we nearly all know that the Hospice has 10 ward patient beds and runs a day hospice for patients that visit on a day basis, but many of us do not know the work that KHH carries out in the community.

KHH has a palliative care nurse at the Horton Hospital and one of the KHH doctors spends significant time on site. When a patient is

diagnosed with a life limiting illness, they are on hand to provide support and advice to the patient and family.



KHH has a palliative care nurse attached to the local doctors' surgeries and is able to liaise with the surgery team to ensure patients are offered care and support by KHH.

The KHH nursing team is presently providing care and support to over 300 local people with life limiting illnesses, as well as providing medical support. KHH, if required, assists the patient and family in many other areas such as liaising with social services and other agencies.

Many patients now decide to spend their last days at home rather than at KHH, with the palliative care nurses looking after them in familiar surroundings. KHH has a bereavement team that provides support to the family, sometimes for extended periods.

Nina mentioned that her job is to liaise and work with local companies and organisations such as Rotary to organise events to raise funds for KHH.

Nina spoke about KHH's need to continuously raise funds, KHH costs approximately £4 million pounds to run annually. The Clinical Commissioning Groups (CCG) of two counties pay on a basis of per patient in KHH per night, this equates to approximately 26% of the KHH running costs.

Roger commented that when he was appointed as a Trustee twelve years ago the CCG's contribution equated to approximately 33%. There is ever increasing pressure by the CCGs to further reduce their contribution.

Nina mentioned a replacement bed appeal that was launched a few weeks ago, the current beds are old and need replacing. The appeal is to raise £85,000 to purchase state of the art beds, these beds will be more comfortable for patients and include air mattress to prevent bed sores occurring and will raise and lower patients to make it easier for the nurses to move patients.

*Post Meeting, Roger can now confirm that the appeal target has been met.*

A number of Rotarians asked questions which Mary, Nina and Roger answered, notable were:

Does KHH provide support to patients with life threatening illnesses other than Cancer? Mary responded that approximately 20% of the patients have non-cancer related illnesses such as heart and respiratory illnesses; and

Future funding? Roger responded that this is a difficult and worrying area for the Trustees. KHH is continually requesting further financial assistance from the CCG. Hospice UK, an umbrella organisation for Hospices, is in consultations with the Government. Two thirds of Hospices are operating in deficit. KHH is currently one of them.

Roger thanked Mary and Nina for speaking to the club and their work at KHH.

Rtn. Roger Worrall - KHH Trustee

*Helen Morris – St. David's Society of Abu Dhabi*

I hope this is not a boring Talk and glad most of you have stayed - hee hee.



I was born in Barry, South Wales and although my Mother was from Wales, my Dad was from Birmingham so I mainly felt I was British. However, I had worked in Cardiff with Midland Bank and after about 5 years there, they asked if I would like to go for a year to work in London. Initially I didn't think I would but I had a friend living in my rented house and she wanted to go and get a job out there as well. So we did.

When I got to the Midland Bank in London it was on the Poultry Road between St. Paul's Cathedral Church and very near the Bank of England. It's now the Hotel called The NED.

When I got there, they said 'Hello Taffy' - which is very Welsh and of course I was in their minds and I was even invited to welcome another Cardiff member and he said 'you aren't Welsh Helen'.

Anyway, I met up with my husband who was also half Welsh and English and we got married in 1983 and we never did go back to live in Wales.

Just before 1990 he had been asked to retire from Midland Bank in London and then later, when looking for another job, he was asked to go and work at the NBAD, National Bank of Abu Dhabi. I said just go and enjoy it as I don't think it'll be a place for a woman to live there BUT he rang me when he arrived there late at night, as he had been able to have a drink at the Intercontinental Hotel and he said 'Start packing up to come and we can live here Helen'. So we did and I left Midland Bank which of course was called HSBC soon afterwards. So 1991 is when we started living there.

When I was wandering about in Abu Dhabi during 1991 there were Scottish, Irish and England Events but not a Welsh one which I was disappointed about. So I thought I had better think about setting it up. Just after that I met a new lady coming to live in Abu Dhabi and she was Welsh too and we chatted and I told her that during 1991 I had realised there was no Welsh Club and should we set it up and she was very keen as she and her husband had been at a Welsh Club north of Abu Dhabi. So the four of us - me and Ron and Gillian and David did set it up on the Saint David's Day event in March 1992.

We created the name as St David's Society of Abu Dhabi.

I would like to have held the original Event on the 1<sup>st</sup> March but as there was the odd/unusual 29<sup>th</sup> February evening I was organising an event at my house out there in Abu Dhabi. So Gillian and David had the initial new Saint David's Event at their home which of course we could join and photos are showing. We decided that David could be the initial Chairman as he was used to the event where they had been up near Abu Dhabi and even did it for 2 years to get it sorted. I was the Secretary and my husband Ron was the Treasurer. Then I was the Chairman for a year from 1993, Ron the Chairman in 1994 and Gillian 1995. After that we were still on the committee meetings but had other members being the Chairman.

We had lovely regular month meetings and even lovely events and we started raising money for charities in Wales.

My husband and I returned to the UK in 2000 and I went back a lot to Abu Dhabi to see friends there and even attending the Saint David's Annual Event.

In 2012 it was the 20<sup>th</sup> Anniversary which I attending and when I gave my Villa for them to raise money for the Welsh Charities and even when I was there in February this year I handed it again and it was lovely that one of the original member's son won it. £2000 for the 2012 and I have not been advised what was raised this year.

At that 20<sup>th</sup> Anniversary, Prince Charles had written to the St David's Society in Abu Dhabi as a thank you for all the charity the Club sends to Wales. The photo is on the listing.

Sadly my husband and the other couple passed away when they were in their 60s. However, it's been a very enjoyable Club and I now definitely go every year especially as I am the only Founder Member - Abu Dhabi is a very lovely City and now has lots more building and high buildings.

Rtn. Helen Morris

*Lesley Mann – Eddie Paynter, The Bodyline Series*

Information on the 1932/33 Cricket Bodyline Series is readily available in books and on the internet. However, what made Lesley's presentation different and particularly interesting was that as her grandfather, Eddie Paynter, played an important part in the test matches, she was able to provide a perspective based upon her personal knowledge, recollecting Eddie coming from his hospital bed to save the English batting and win an important test match, without which Australia would have won the series.



After many happy years in Marston St.Lawrence, the Jakemans decided that, although they loved the village, they should think about moving to somewhere nearer services and with a less demanding garden. They had been very happy in Marston and involved in village life - the Church, bell ringing and Stephen's table tennis - but the demands of an acre of garden were getting too much. This decision was made 10 years ago but even using all her persuasive powers Stephen was reluctant to move until last year. As he is an enthusiastic member of the Oxford Society of Model engineers who run steam trains in Cutteslowe Park, North Oxford seemed to be the obvious target area.



Thanks to Martin Phillips and his guest who demonstrated the legside (the most used) and offside bowling theories, expertly and accurately implemented at the time by Harold 'Lol' Larwood at a fearsome pace, which targeted the upper sections of the batsman's body.

It is noteworthy that this form of bowling attack, which almost resulted in a breakdown of diplomatic relations between England and Australia, was devised purely to counter the success of one batsman, Don Bradman. The English captain, Douglas Jardine, implemented the tactics ruthlessly and successfully. However, this form of bowling was subsequently banned.

Rtn. Andrew Fairbairn

### *Clare Jakeman – Moving House*

Their home in Marston was put on the market in May last year and Clare started visiting estate agents in Oxford and tramping the streets looking at prospective houses and eventually ending up with a short list. In the meantime their current house, which had interested several people, remained unsold because of the inevitable and dreaded selling chains.

Stephen was taken to Oxford and immediately fell in love with the first house on Clare's list which ticked all the boxes being within a short bike ride of Cuttoslowe Park, had the right sized garden and was near public transport. As luck would have it, having committed to this house, the Marston property sold and deals were done.

The happy ending, as in all good stories, is that they have never looked back, Stephen is the "new tenor" in the church choir, Clare has also joined a choir, they have new friends with similar drinking habits and Clare is establishing a meaningful relationship with a new (young) tennis coach.

I have not done justice to Clare's very amusing talk, but I'm sure she will forgive me.

We wish them well in their new home.

Rtn. Ian Rodrick

## *Young Musician 2019*

A capacity audience at Tudor Hall School on Saturday evening was treated to an exciting and enjoyable variety of first-class musical talent from local young people, following which 13 year old Sam Hallett was crowned Banbury Young Musician of the Year 2019.



With over 60 young musicians giving many outstanding performances the adjudicators had an exceptionally hard task in selecting not just the overall winner but also the winners of the various competition sections.

Gareth Jeremy, the Rotary Club of Banbury organiser of the event said "I never cease to be amazed that year on year the talent and musical skills of the young contestants seems to increase exponentially making it harder each year for the adjudicators to select the winners. Sam is the youngest overall winner we have had in the 29 years that the competition has been held and I have no doubt his musical ability will take him to the highest professional level."

As well as Sam, Sebastian Foxwell, Sophie Lagden, and Polly Walters are going forward to the Rotary District 1090 Finals Competition being held on 17 March at Joseph's College, Upper Redlands Road, Reading RG1 5JT, where if successful they could go on to the Regional and National Finals.

Rtn. Ron Barnett

## *Rotary District Conference*

On Friday 8<sup>th</sup> March to 10<sup>th</sup> March it was the Annual Rotary Conference which was held in The Guildhall in Portsmouth. It was a very informal and exciting weekend and Christopher Dobbs, Head of Interpretation Mary Rose, gave an interesting talk about excavating the contents of the Mary Rose shipwreck and he was very enthusiastic. A new District initiative was to pilot a Child's guide to everyday dangers, a book which was the brainchild of Tony and Lynn Churchill. On Saturday 9<sup>th</sup> March an inspirational talk was given by Andy Lewis (Artic One). He told his story of under achieving and the emotional battle of depression through losing one of his lower legs. How he overcame his difficulties and the courageous battle to succeed and start a sports charity for children. There was a presentation from Rotary's scholars. Steve Amos from Shelterbox gave an interesting talk which was interactive with the audience about assessing situations and deploring the right equipment. Dr. Syed Masud gave an interesting talk about the Thames Valley Air Ambulance regarding the advance of changes in technology in assisting accidents on the roadside. France he said was ahead in advance procedures and we should be learning from them. George McGavin - entomologist, zoologist and explorer - gave an interesting presentation about the dangers of Global pollution on the environment and on the insect and animal species. We have to act now and put pressures on the Leaders of the World to do something before it is too late. There was a talk about how we as Rotary Clubs should change and how we should be more flexible and innovative. We should challenge things we have done traditionally to ask ourselves if it is necessary or can we leave it out. We need to attract new members and make Clubs more stronger for the future.

Rtn. Surinder Dhesi

## *The Sunshine Centre*



On Friday 15<sup>th</sup> the Club welcomed our District Governor to the lunchtime meeting and handed over a cheque to Jill Edge, the manager of Banbury's Sunshine Centre. This was raised by the choirs from 26 primary schools at last November's Children Singing for Children Concerts.

*'.... a huge thank you to all the hard work it must have taken to produce such an amazing performance 'Children Singing for Children'. I was particularly interested to hear about your international work. Although I have not been to Sierra Leone, I have been fortunate enough to go to Nairobi and see first-hand the poverty, schools etc.*



*Thank you for the cheque for £4,445.92 which we use to provide activities for children and their families. We are hoping to do a press release shortly to celebrate some of our recent good news and will certainly be mentioning this donation.'*

PS. Jill very much appreciated the lunch and warm welcome from Club members.

Ed

## Council Update

A letter was subsequently received by Rtn. Jonathan Meredith from Jill, stating, inter alia:

Foundation Committee is arranging a Cheese & Wine Party at Banbury Cricket Club commencing at 7:30pm on the 18<sup>th</sup> April. Tickets are £10 to include food and the first glass of wine. Proceeds to be split 50% with the Cricket Club's appeal for new Nets.

Council approved a collection at Club to benefit the Lend To Care Organization as described to Club recently by AG Rtn. David Richardson. This scheme will be monitored annually.

Contact 2019 is fast approaching 30<sup>th</sup> May till 2<sup>nd</sup> June. The working group is hoping for plenty of support from our members. In the very near future full details of the excellent programme and how we can help will be circulated.



Numbers of new Members are increasing well with Lesley Mann and Gillian Coates being inducted on the 5<sup>th</sup> April and Sakine Faulkner transferring from the closing Chipping Norton Club on 1<sup>st</sup> April. There are several more persons seriously considering joining.

Hon Secretary reported that at the AGM Subs were set at £120 for next year, the joining fee is being removed and that the Budget 2019/20 was accepted.

The Disaster Committee requested the limit on an immediate spend be raised from £500 to the cost

of a complete Shelterbox as it is felt this action is the most efficient way to deliver aid promptly.

The container is now ready painted and lockable, awaiting items for storage from Club and Inner Wheel at Banbury Cricket Club.

Council acknowledged the great success of the Young Musician's Event this year. Many thanks to Rtn. Gareth Jeremy and his team

Rtn. P M Wilkins Hon Assistant Secretary

### *Weekly Meeting Duties for April 2019*

<u>Date</u>	<u>Table Duty</u>	<u>Cash Desk</u>	<u>Fellowship</u>	<u>F&amp;H in charge</u>
05 Apr	A Fairbairn B Goodchild J Groves N Halfpenny J Hansford	C Hughes T Iles	G Jeremy	S Jakeman
12 Apr	J Meredith	R McLean	R Nurden	R Kipping
	H Morris M Nutt M Phillips G Pollard	K Manning		
19 April	None			
26 Apr	N Randall D Richardson I Rodrick J Smith R Thompson	P Richardson F Riches	P Thomas	D Sullivan

PLEASE REMEMBER - If you are unable to carry out your duties as shown above, it is your responsibility to arrange a substitute and amend the list. This applies to all duties, including table duties.

### *Speaker Programme for April & May*

<u>Date</u>	<u>Speaker</u>	<u>Topic</u>	<u>Host</u>
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5 Apr	Chris Hipkiss	Castle Quay and its future	Tony Ilott
12 Apr	Fraser Liversage	Medical Detection Dogs	Ian Rodrick
19 Apr	No meeting		
26 Apr	Alan Wolstencroft	Sierra Leone Update	
3 May	Rtn. Phil Godfrey	Round Britain Rail Tour 2019	
10 May	Rachel Wignell	Cyclists Fighting Cancer	
17 May	Nig Randall	Longer Serving Member	Eric Woodruff
24 May	Jo Salmons	Springfield Sanctuary	Andrew Fairbairn
31 May	Rod Diaz & Sarah Burrows	Children Heard and Seen	Nigel Deakin