



## The June Diary

- 2<sup>nd</sup> Rotary Meeting  
Sir Charles Pollard talk
- 5<sup>th</sup> Shadow Council Meeting
- 7<sup>th</sup> Community & Vocational  
Committee  
Classification &  
Membership Committee
- 9<sup>th</sup> Rotary Meeting
- 11<sup>th</sup> Banbury & District Show
- 14<sup>th</sup> Foundation Committee
- 16<sup>th</sup> Rotary Meeting
- 20<sup>th</sup> Sports & Entertainment  
Committee
- 21<sup>st</sup> Youth Services Committee  
International Committee
- 23<sup>rd</sup> Rotary Meeting – Club  
Assembly
- 26<sup>th</sup> Practice Interviews
- 27<sup>th</sup> Practice Interviews
- 28<sup>th</sup> Practice Interviews  
Council Meeting
- 29<sup>th</sup> Sports & Entertainment  
River Trip
- 30<sup>th</sup> Rotary Meeting –  
President's Valedictory



## President Owen's May round up

As I mentioned at the end of my last round-up, I attended the party for the blind which we held this year at the Wroxton House Hotel at the beginning of May. This was an excellent event and clearly very much enjoyed by all those in attendance. Many thanks to Helen Braisby for all her organisational work on this and to all the many Rotarians who helped with transportation on the day. Also a huge thank you to John Smith who provided us with the venue free of charge and who also provided a fantastic tea for all those who attended. Our thanks also go to Nigel Deakin who stepped in to provide musical entertainment.

On Tuesday 9<sup>th</sup> May I was delighted to represent our Club at the inauguration of our former member, Councillor Colin Clarke, as Mayor of Banbury for 2017/2018. Civic dignitaries and invited guests packed the Town Hall for the inauguration. The ceremony began with the formal stepping down of former Mayor Cllr Gordon Ross who I was pleased to thank on behalf of the Club for all his work in the past year and his support for us at a large number of our events.

Others present included the Chairman of Oxfordshire County Council, the Chairman of Cherwell District Council, visiting mayors, past mayors, representatives of businesses, local clubs and service organisations and the family and friends of Cllr Clarke. Mrs Jenifer Clarke became the Town Mayoress and Cllr Shaida Hussain was elected Deputy Town Mayor. The whole event was superbly organised and run by our very own Rtn. Mark Recchia with his Town Clerk hat on, so congratulations to him for a very smoothly run event!

I was again honoured to represent our Club at the Inner Wheel, District 9 Rally on Wednesday 17<sup>th</sup> May. This started with a service at Marlborough Road Methodist Church to celebrate the fellowship and work of Inner Wheel. This was followed by a very pleasant lunch at the Whateley Hall Hotel, where we heard from both District Chairman Linda Clarke and Association Chairman Zena Coles. I was delighted to offer our congratulations to District Chairman Linda Clarke for an excellent afternoon.

This last weekend I had the very great pleasure of attending the annual Club Contact meeting in Biella with a group of 11 from Banbury. It was most enjoyable with exhausting days superbly hosted by Giancarlo Petrini Presidente Rotary Club Biella 2016-17 and his team. I would like to thank Rtn Martin Phillips for all his work booking flights (including getting up in the middle of the night to re-book us when the news of B.A.'s problems came through ensuring we arrived home only a couple of hours late). A full report of our visit will be ready for next month's Bulletin.

President Owen Kyffin

## *Speaker Reports*

*Edith Simon – Parkinson's UK*



Edith Sim; a Volunteer Speaker for Oxfordshire; gave Rotary a 15 minute talk and presentation entitled "Parkinson's UK". Edith explained, with the aid of excellent images, what Parkinson's disease is and the various forms it can take and explained the set up in the Oxford Region for assisting those that suffer from this debilitating disease. She explained that Parkinson's is a progressive and fluctuating neurodegenerative condition; it occurs when precious brain cells,

which make a chemical called dopamine, are lost. Without dopamine, movements become slower and more difficult. It affects over 127,000 people across the UK. That's 1 in 500 people!

Most people who get Parkinson's are aged 50 or over but one in 20 is under the age of 40. One person every hour is diagnosed with Parkinson's.

### What causes Parkinson's?

We don't know why people get Parkinson's, but research has uncovered some pieces of the puzzle that increase or decrease the risk. It is more than a movement disorder: People with Parkinson's also experience a range of non-motor symptoms that are less well known.

*Parkinson's UK* was established in 1969 by Mali Jenkins whose sister had Parkinson's. As the Parkinson's support and research charity, they are leading the work to find a cure and are closer than ever. They also campaign to change attitudes and demand better services. They bring people together: people with Parkinson's, carers and families. So no one has to face Parkinson's alone! They offer support and have a free and confidential helpline on 0308 800 0303 for anyone affected by Parkinson's.

### Parkinsons.org.uk website

They offer free information sheets, books and DVDs and help by campaigning and raising awareness. The campaign has the following aims:

- Fair access to services. Get service on time. Appoint more Parkinson's Nurse Specialists
- Raise awareness so that:

People can understand Parkinson's, people know that *they are here to help*.

Edith explained that it was essential for new therapies to be made available early at a national level and get support for early stage clinical trials. It is important to move ideas into the clinic. This process is the key to getting brilliant ideas from the bench to the bedside.

How we help - local support. We were urged to "get involved". Coming events include the Oxford Walk for Parkinson's on Sunday September 10<sup>th</sup>.

Rtn. Tony Wiltshire

*Emily Fleming – Helen & Douglas House*



Our speaker on May 5<sup>th</sup> was Emily Fleming from Helen and Douglas House. Helen House was the first children's hospice set up in 1982 by Sister Frances Dominica. Douglas House followed in 2004 - the first specifically for young adults.

The hospices enable young people with life threatening conditions to live as well and fully as possible to the end of their lives and to support their needs and wishes. They also provide care at a specialist level through medical and nursing care, emotional and practical support within a home from home environment.

Helen House is well equipped with toys for their young children and a sensory garden.

Douglas House offers respite for teenagers with games, DVD's, a bar, music and recording room - all normal activities for young adults.

There are sensory rooms, hydrotherapy and spas on site.

Based in Oxford they serve people from across the region - locally 10 families from Banbury in the last year have been able to access their facilities.

They are dependent on fundraising in various forms - including shops - and the lottery.

Rtn. Helen Braisby

*John Ekers – Morris Dancing*

All of us will know the quintessentially English summer scene; a small rural village fête, or similar gathering, complete with a team of Morris dancers with their whites, bells and handkerchiefs. Few of

us however will know anything about Morris dancing beyond this, so when John Ekers visited Rotary on 12<sup>th</sup> May, as our guest speaker, this was the opportunity to learn more!



John is a very enthusiastic Morris dancer and entertained us with lots of interesting facts and figures about its history and current expression. John related the talk more specifically to the Adderbury Morris Dancers, with John being one of their very active members.



Here is just a taste of what we learnt; that the form is at least 600 years old; Henry VIII apparently had a troop in his court, (perhaps to comfort him through his wifely traumas). John said that its origins are unclear; it may have its origins with the Moors or even from the Burmese! Most dancers in the 17<sup>th</sup> and 18<sup>th</sup> centuries would have been agricultural workers and it is thought that as seasonal work dried up, they would go 'on the Morris' a variant on today's 'on the dole' and earn a few pennies from the pubs they would dance at.

John informed us that *Adderbury Day of Dance* has taken place in the village every year since 1975

following a revival, and has been an important part of village life since.

John's talk was most informative and illuminating and he'd be delighted to hear from anyone who fancies a go at this particular eclectic pursuit and - to smooth your way, would, more than likely, buy you a few pints at the pub as you learnt all about the potential new passion in your life - Morris Dancing.

Rtn. Nigel Deakin

### *David Richardson – My Life Talk*



On 19<sup>th</sup> May it was a pleasure to hear part of the life story of our recently transferred new member. David pointed out that he must have given four Rotary “My Job” talks since 1993 but had never given a “My Life” talk before. He soon put that right combining anecdotes from his various experiences, e.g. work and with charities such as CAB and a local Council, some stories evoking amusement others compassion.

David retired in 2005 and now has dim memories of working but hopefully will continue living without having to look for more work. After retiring he acted as a voluntary general adviser for the North East Suffolk Citizens Advice Bureau and this continued until 2016. In 2008 he was co-opted by the Local Authority - Waveney District Council - as an Independent member of the Standards Committee. This inter alia dealt with all the complaints against councillors as required by the Local Government Act 2000 and the Standards for England Regulations 2008 that had imposed a Member Code of Conduct and the Protocol on Member/Officer Relations. This experience involved complaints and investigations into

individual councillors as well as groups of councillors and in one case the whole council.

Changes in the law from 1<sup>st</sup> July 2012 introduced differences in the way in which the requirements are applied and removed many options for remedy but continued the generally agreed principles of behaviour for those involved in a democratically accountable public body. Because of his role he was no longer “independent” and so could not continue. Crossing the border was an option but seemed a step too far. However, he was co-opted as a Councillor for Beccles Town Council in 2012 and then elected in 2013. He was part of “United Beccles”, an attempt by about 12 Councillors to ignore party politics whilst dealing with local matters. David took up Green Bowls in Beccles in more recent times and played regularly for Beccles Town. He was also Trustee for a local charity and a Director and Secretary of a small residents’ management company. Also for 2015/16 and indeed 2016/17 he became Assistant Governor for Rotary District 1100 with responsibilities for 11 clubs.

Before retiring work had always involved the management, investment and governance of corporate pension schemes and arrangements. In 1998 David took a statutory appointment with the Government of the Cayman Islands. Between 1998 and 2003 this role involved the creation of a regulatory body to set up a system of governance including registration, control and prosecution of offenders related to the operation of administrative and investment laws and regulations for mandatory Employer-sponsored pension schemes in the relevant jurisdiction. Prior to that he had been Director from 1988 of W F Corroon (previously k/a Willis Faber Advisory Services whom he had joined in 1984) a company controlled by Willis Faber. He had responsibility to the board for the operation and staffing of the legal department as well as for the marketing and insolvency units and involvement with research and development projects with certain specific clients. At the same time David was Director of a separate trustee company owned by W F Corroon - Bevis Trustees Ltd - and had responsibility to the board for legal matters plus all day to day trusteeship responsibilities for a portfolio of pension plans. Trusteeship involves strategic planning plus arrangements for administration, regulatory matters and for the investment and control of monies held.

Before 1984 David had been with an Insurance Company (Legal & General) for several years and then became a Senior Consultant with Godwins - actuarial and employee benefits advisers - now owned by Aon. David passed the professional pension scheme management exams whilst working, becoming an APMI and later was elected as a Fellow - FPMI. Such qualifications are subject to continuing professional education involving prescribed reading, training courses and relevant conferences each year. He had been a course tutor and marked exam papers for the Pensions Management Institute for several years prior to 1998. He was also a member of the Association of Pension Lawyers (although not a lawyer) and separately served on the committee of the Society of Pension Consultants, the main purpose of which was to lobby for change and to review impending legislation. Obviously, he failed to keep the politicians under control.

David was born in Westminster in 1945 and taken to live on Grandfather's farm in Suffolk soon after. Apples & blackcurrants were happy memories. He grew up in Holton a small village next to the small market town of Halesworth where Jan his wife was born. They first met in 1960 and maintained contact generally until marrying in 1966. They had both moved to the City for work and enjoyed living in South Kensington, Wimbledon Park and Earls Court before starting off their married life in Worcester Park, Surrey.

They moved to Horley in Surrey and became typical commuters. They had two boys - Mark now in Brisbane with Claire and three children (16, 13 and 9) and Alan with Maxine with one five year old in Banbury.

In 1992 they moved to Marlborough where David joined Rotary and the Golf Club, and, when he was the President, he moved Rotary meetings to the Golf Club where they still are. He had played golf rarely before but had played cricket for Temple Bar plus football and had even helped coach his boys at rugby in Reigate. He also enjoyed an awful lot of squash from 1970 to 1998 - the Whitbread cup etc., - until he moved to Cayman where he found the heat excessive for such energetic pursuits.

Summarising his more recent travels then, David moved to the Cayman Islands in 1998 then back to Marlborough in 2002, to Beccles in 2003, and now of course to Banbury. This was an interesting talk

from someone who has obviously enjoyed some challenging career moves and charity roles.

Rtn. Ian Calderbank

### *Karen Irvani – Parents Talking Aspergers*

On Friday 26<sup>th</sup> May 2017 Karen Irvani, Michelle White and Revd. John Jeff gave a very interesting talk about how families are affected by the condition of Autism. Karen explained that she started the organisation "Parents Talking Aspergers" about 5 years ago when she found there was no provision for parents to get support about coping with children with Autism. There are 200,000 families supported through the country whose children suffer from the different forms of Autism. The Baptist Centre in Middleton Cheney offers support and respite for families with children suffering with Autism and children who have siblings with the condition get quality time to do things they want. Karen and Michelle both have children with the condition and explained their challenges and were very proud of what their organisation has done in enabling children to learn to build relationships and get the confidence to do the everyday activities we all take for granted.

Rtn. Surinder Dhesi

No photo. The system falls apart if 'flasher' is away!

Ed

### *Notes from Council 24/05/17*

#### From the Committees

##### COMMUNITY & VOCATIONAL

Request for £100 to provide food vouchers for Polly Preedy.

The party for the Partially Sighted at the Wroxton Hotel was a great success and well received by all the guests. Many thanks to Rtn. John Smith for all his assistance and to the Members of Club who helped.

##### INTERNATIONAL

Talk by Sir Charles Pollard at Tudor Hall on 2<sup>nd</sup> June predicted ticket sales around 60.

Future fundraising events planned “Rotary’s Got Talent” meal at College, Quiz Night and Well-known speaker at Banbury Cricket club. Dates to be announced.

Hon Secretary reported Shadow Council meeting is scheduled for Monday 5<sup>th</sup> June, handover preparations are in hand. The Directory is now complete and has been sent to the printers. Council Members recorded their thanks to Rtn. Ron Barnett for his efforts in co-ordinating this project

Council is to investigate the process of becoming a Charitable Incorporated Organisation (CIO) and report to Club.

Hon Treasurer announced Free Funds stand at £2,586.86 and that he had received £3,339.89 from HMRC as Gift Aid. Subscription letters are on the way; please do not pay bank transfers before the 1<sup>st</sup> July.

Funding request of up to £500 for the President Elect’s “Night at the Musicals” was received. Expenses will be minimal and the amount will be used to cover cash flow.

Plans for President Elect’s “Night at the Musicals” event on Saturday 8<sup>th</sup> July at Tudor Hall are now complete. Two West End performers with a pianist will entertain. Drinks will be available. Tickets £10 each.

Our President was invited to attend the Town Mayor’s Inauguration at the Town Hall during which the winner of Young Musician entertained. He also joined with Inner Wheel members at District 9 Rally on 17<sup>th</sup> May. President’s Lunch has been booked on June 11<sup>th</sup> at Banbury Cricket Club, board to be circulated at club meetings.

The matter of central storage of club items has been researched by Rtn. Harry Matthews and Council discussed this matter at length to include the sourcing of a container further investigations to be undertaken.

Rtn. Peter Wilkins

## *Events*

### *It’s Never too Late!*

We hear so much about the difficulties of encouraging younger people to join Rotary and it is very important that we are successful in overcoming

this. However we should not forget the potential for our older members to keep contributing, including physical challenges.

Within our Club who can forget Ian Calderbank’s inspirational effort of walking 38 miles during the first week in the depths of winter at the age of 77 raising funds for Shelter?

Two more dates in this vein for the diary:

This summer Tim Bryce (80) is planning to walk the Thames Path from Lechlade to Teddington (128.5 miles). His narrow boat (the 57 foot Emerald Dream) will act as a mobile campsite and Tim will welcome fellow members (from any Club) to join him and enjoy the walking and scenery at different sections. A flexible itinerary will be published in due course with Tim making his specific whereabouts known on each day; and

On 21<sup>st</sup> June Andrew Fairbairn at the tender age of 60 will be making his maiden parachute jump. If you want a bird’s eye view, he will be landing at Hinton-in-the-Hedges airfield (hopefully at an appropriate speed). Afterwards he will be celebrating with a BBQ at his home (Orchard Clare, Overthorpe). All welcome but please advise Andrew first ([andrew@whitecommercial.co.uk](mailto:andrew@whitecommercial.co.uk)) so he can plan for numbers accordingly.

Tim and Andrew will be raising funds for international projects supported by the Rotary Club of Banbury including those planned and overseen by our incoming President, Alan Wolstencroft. Any donations will be very welcome. For anyone wanting a newsletter/update on these projects, more information is available at [www.alanwooly.co.uk](http://www.alanwooly.co.uk).

Ed.

### *A Night at the Musicals*

To be held on Saturday 8<sup>th</sup> July, 7.30pm @ Tudor Hall School. £10 per ticket.

Raising funds for Sierra Leone Education Projects and End Polio Now.

Featuring West End performer Simon Adkins, whose credits include, amongst others, Jersey Boys, Cats, Wicked, Chicago, Viva Forever and The Producers, together with another Musical Theatre professional, Alison Dormer.

Tickets available from Alan Wolstencroft.

## *Weekly Meeting Duties for June 2017*

<u>Date</u>	<u>Table Duty</u>	<u>Cash Desk</u>	<u>Fellowship</u>	<u>F&amp;H in charge</u>
02-June	G Anker I Anthistle R Barnett J Bennett S Bion J Brodey	A Bedding H Braisby	B Cornley	M Humphris
09-June	M Budd P Cavill S Dhesi M Dibb J Donaldson M Douglas	T Bryce N Deakin	I Calderbank	S Crump
16-June	B Goodchild K Manning J Hansford C Hughes T Iles G Jeremy	A Fairbairn P Gardiner	N Halfpenny	R Kipping
23-June	A McHugh J Meredith H Morris R Nurden M Nutt G Pollard	H Matthews R McLean	S Maxwell	A Ilott
30 June	J Groves S Porter P Richardson F Riches I Rodrick P Shea	N Randall D Richardson	J Smith	D Sullivan

(This meeting replaces the usual fifth Friday meeting)

PLEASE REMEMBER - If you are unable to carry out your duties as shown above, it is your responsibility to arrange a substitute and amend the list. This applies to all duties, including table duties.

## *Speaker Programme for June & July*

<u>Date</u>	<u>Speaker</u>	<u>Topic</u>	<u>Host</u>
2 June	Andrew Tyriana	Beer	Phil Cavill
9 June	Charles Hughes	New Member Talk	Roger Worrall
16 June	Elaine King & Sylvia Thomas	Young Carers	John Webb
23 June	Alan Wolstencroft	Club Assembly	
30 June	Owen Kyffin	Retiring President's Valedictory Speech	
7 July	Alan Wolstencroft	President's Handover	
14 July	Vanessa Picker	Foundation Scholar	Martin Phillips
21 July	Pip Dingle	Maggie's Centre	March Recchia
28 July	Sebastian Johnson & Will Haynes	Brodey Trust Formula Students	John Brodey